





## KOBIDO & GUA SHA

Facial sculpting massages which visibly reduce the signs of time.

## KOBIDO LIFTING MASSAGE

Ancestral Japanese art provided through different pressures and gestures. This results in multiple benefits. True natural lifting, the features are smoothed, the complexion radiant.

The Kobido helps to revive the micro circulation of the face, to give radiance to the skin, to promote the production of natural collagen, to reduce wrinkles and fine lines, to plump the skin and to eliminate toxins.

During a Kobido session, the face is cleansed, hydrated and energized thanks to the stimulation of the meridians.

Practiced regularly, Kobido helps fight facial aging by reducing the effects of fatigue and stress on expression lines and by fighting against sagging skin.

Sfr. 220.- / 50 min.

## GUASHA GEMSTONE FACIAL

The Gua Sha is a very glorious natural stone tool in traditional Chinese medicine: it aspires to harmonize the energies of body and mind for an absolute release.

It brings radiance to the complexion, detoxifies, sculpts and lifts facial features.

The gua sha acts on the deep tissues, it makes it possible to catch the muscle fiber in depth and thus offers a more advanced sculpting and lifting action. The shape of the gua sha stone makes it possible to precisely work the contours of the face.

Sfr. 220.- / 50 min.



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