

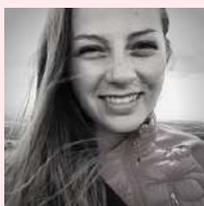
ALPINE SPA MAGAZINE BY
ANGÉLIQUE B.



COLLECTION SUMMER 2018

L'EDITO

This alpine retreat incorporates « L'eau des Cimes » -- our high altitude spa (200m²), where the delights of nature are celebrated. In the choice of materials, noble and seductive, a juxtaposition of styles is on show : dark and limpid, pebble rugs, dressed stone walls, animal skin cushions, hunting trophies, anything and everything to feed the soul. Panoramic terraces facing the snow-capped, 4000m peaks extend the spa outside, for a total immersion in the natural surroundings
Get inspired !

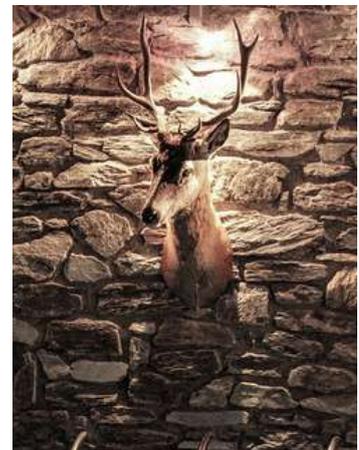


Angélique Buchs



INDEX

Editorial	2
Massages	4
Facial treatments	5
Alpeor	6
Cures and packages	7 8 9
Body treatments	10
Treatments for Him	11
Anniviers Ritual	12
Epilations and coloring	13
Foot and hand care	14
Entry rates	15



MASSAGES

01 RELAXING MASSAGE

. Mountain Anniviers - Swiss pine and silver fir
. Special bliss - cedar - clove - bergamot - patchouli
120.- / 50 min.

02 TONIC / ATHLETIC MASSAGE

. Géranium - rosemary - rosewood
work on long muscles
120.- / 50 min.

03 FOR MUMS-TO-BE MASSAGE

. Organic sesam oil
For mums-to-be
120.- / 50 min.

04 SLIMMING MASSAGE

. Mountain Anniviers - Swiss pine and silver fir
. Special bliss - cedar - clove - bergamot - patchouli
Manual, palpate and roll
120.- / 50 min.

05 HEAD MASSAGE + HANDS + FOOT

. Organic sesam oil
Stimulate energy points
120.- / 50 min.

06 PLANTA REFLEXOLOGY

. Acts on the different organs of the body to locate the tensions and restore the balance
120.- / 50 min.

07 WITH HERBAL FLOWER POUCHES

. Flowers from the Val d'Anniviers - viola yarrow - alchemilla - wild geranium
Effet régénérant et cicatrisant
155.- / 50 min.

08 HOT STONE THERAPY FROM THE RIVER

. Gneiss pebble from the Navizence (Val d'Anniviers)
Revitalizing and relaxing
180.- / 80 min.

09 HOT STONE

. Volcanic stones
Deep relaxation
180.- / 80 min.

10 AYUVERDA / ABHYANGA

. Traditional Indian massage with heated oil
. Organic sesam oil
Deep relaxation effect
220.- / 110 min.



**01 "PRÉLUDE ALPIN"
-ALPEOR-**

Thanks to this treatment, you will find a radiant and hydrated skin
. Cleansing - peeling - small extraction - massage - purifying or youth mask - final hydration
155.- / 50 min.

**FACIAL
TREATMENTS**

**02 GLACIAL CLAY
FACIAL**

Relaxing treatment
. Cleansing - peeling - massage - mask - hydrating cream
155.- / 50 min.

04 VINOOTHERAPY

Grape-pip exfoliation and facial treatment
. Cleansing - peeling - massage - mask - hydration
155.- / 50 min.

**03 ANTI-AGING
"NEIGES
ETERNELLES"
-ALPEOR-**

. Cleansing lotion and purifying mousse - peeling - extraction - anti-aging massage - youth mask - final hydration
180.- / 80 min.

**05 PREMIUM ANTI-AGING
"ULTICELL
- ALPEOR"**

. Cleansing lotion and purifying mousse - peeling - light extraction - youth mask + neck mask - professional modeling mask "peel off" Ulticell - final hydration
200.- / 80 min.



ALPEOR

Extolling « beauty cures made in Switzerland », Alpeor revives a local family tradition dating back to the 1950's, originating in the wellness clinic Mirabeau in Montreux.

The brand proposes treatments marrying this tradition with modern scientific advances, allowing effective and lasting cures for repairing age-related symptoms, whether skin-related or caused more generally by the stress of urban living. Years of Swiss know-how are concentrated in these cures combining the most innovative new ingredients with the exclusive local Armada of plant extracts and alpine water.

#nontoxicbeauty#mineraloilfree#siliconefree#parabenfree

www.alpeor.com

ALPEOR[®]
SWITZERLAND

CURES & PACKAGES

TO EACH HIS OWN

SLIMMING CURE WITH SNOW ALGEA

This weekly offer includes:

- 2 slimming massages with essential juniper, sage and lavender oils / 50 min. each
- 1 warm wrap "Slimming" Alpeor containing seaweed and snow followed by a slimming massage with Alpeor massage gel / 80 min.
- 1 wellness gift

344

CURE "VELVET MOUNTAIN"

This weekly offer includes:

- 1 relaxing massage with essential Swiss pine and silver fir oil / 50 min.
- 1 head, hands and feet massage with organic sesam oil / 50 min.
- 1 Ritual from Anniviers with scrub with yarrow flowers, glacial clay body wrap and massage with herbal flower pouches / 110 min.
- 1 wellness gift

322

DELICATESS (for mums-to-be)

This weekly offer includes:

- 1 relaxing massage with organic sesam oil / 50 min.
- 1 facial treatment "Prélude Alpin - Alpeor" / 50 min.
- 1 wellness gift

193



ALL WITH GRAPES

DIVINE VINEYARDS

This weekly offer includes:

- 1 facial treatment "Vinotherapy" / 50 min.
- 1 energizing massage with river hot stones / 80 min.
- 1 Bacchus ritual with soft scrub, body wrap with grape seeds and massage with grape oil / 80 min.
- 1 wellness gift



FROM THE VINEYARDS TO THE GLACIER

This weekly offer includes:

- 1 scrub and salt body wrap / 50 min.
- 1 energizing massage with river hot stones / 80 min.
- 1 warm wrap "Slimming" Alpeor containing seaweed snow followed by a slimming massage with Alpeor massage gel / 80 min.
- 361 - 1 facial treatment "Vinotherapy" / 50 min.
- 1 Ritual from Anniviers with scrub with yarrow flowers, glacial clay body wrap and massage with herbal flower pouches / 110 min.
- 1 wellness gift

624

A WHOLE DAY JUST PAMPERING YOURSELF

WELLNESS BREAK

- Welcome and presentation of your relaxation basket containing bathrobe, towel and slippers. Coffee and croissant
- Light lunch in the restaurant with choice of vegetarian menus, including mineral water and coffee
- 1 relaxing massage with essential oils / 50 min.
- Afternoon tea with a choice of plant teas and warm Tarte Tatin
- 1 wellness gift



179

A WELLNESS EVENING

WELLNESS AND FLAVOURS EVENING

- Access to the spa area with sauna, steam bath, ice fountain, jacuzzi and pool from 6 pm and presentation of your relaxation basket containing bathrobe, towel and slippers
- 3-course dinner at our restaurant

89

MASSAGE AND FLAVOURS EVENING

- Access to the spa area with sauna, steam bath, ice fountain, jacuzzi and pool and presentation of your relaxation basket containing bathrobe, towel and slippers
- 1 relaxing massage with essential oils / 50 min.
- 3-course dinner at our restaurant

159

BODY TREATMENTS

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01 SCRUB AND ALP SALT BODY WRAP

This salt comes from the Swiss Alps, helps to the healing, is an antiseptic and activates the cellular regeneration and the micro traffic. Paraben-free and non tested on animals.

155.- / 50 min.

02 NATURE COMPLEX

Scrub with alp sal and tonic massage with essential geranium, rosemary and rosewood oils

180.- / 80 min.

03 "SLIMMING MEADOWS" -ALPEOR-

Heating slimming wrap followed by slimming massage "manual, palpate and roll" to Alpeaor massage gel, contains sno algae. Defibrose the cellulite and ativates the longevity of the cells, hydrates the skin

180.- / 80 min.

04 BACCHUS RITUAL "FRUCTUM VITIS"

Soft scrub and grape-pip "Fructum Vitis" body wrap. This treatment contains antioxidants, A and E vitmains and lecithin. Local bio production

180.- / 80 min.



MAN'S WORLD

01 "FLAT STOMACH" ABDOMINAL MASSAGE

Slimming work on the abdomen and
muscular relaxation / 50 min.

120

02 ATHLETIC MASSAGE

work on long muscles / 50 min.

120

03 "NATURE" COMPLEX

Scrub with alp sal and tonic massage
/ 80 min.

180



RITUAL FROM ANNIVIERS

OUR SIGNATURE TREATMENT

"A moment of relaxation to help you to evacuate the muscular and articular tensions"

220.- / 110 min.



- 10'** Steam bath with pine scents to relax your skin
- 25'** Scrub with yarrow flowers. Exfoliates and cleanses. Yarrow is a plant renowned for its healing and nourishing properties
- 25'** Body wrap with glacial clay. To help ease sore muscles. This clay comes directly from the glacier of Moiry above Grimentz. It is enriched with essential oils of rose hips wood, floral essences and glacier water
- 50'** Relaxing massage with herbal flower pouiches from the Val d'Anniviers and thyme, mint or sage infusion

WORLD OF *Women*

01 EPILATIONS

Under arm (15 min.)	30
Bikini (15 min.)	30
Half legs (30 min.)	60
Arm (30 min.)	60
Half legs, under arm, bikini (50 min.) / complete bikini (60 min.)	115 / 125
Full legs, under arm, bikini (80 min.) / complete bikini (90 min.)	150 / 160
Superior lip with warm wax (15 min.)	20
Eyebrow (15 min.)	20
Bikini complete (30 min.)	40
Full legs (45 min.)	90

02 COLORING

Dye of lashes (30 min.)	40
Dye of eyebrows, epilation included (30 min.)	40
Dye of lashes and eyebrows (40 min.)	60



01 "ALPINE" FOOT CARE

Foot bath, cares (nails, cuticles, callosités),
massage, polish nails

50 min.

120

02 "ALPINE" HAND CARE

Hand bath, cares (nails, cuticles),
massage, polish nails

50 min.

120

05 POLISH NAILS

25 min.

40



GENERAL TERMS

Access to the pool and SPA included in the rates mentioned above with bathrobe, towel and slippers.
Hotel residents: 10% discount excepted the packages.

> Supplement of CHF 45.- for access to SPA and pool with bathrobe, towel and slippers for any
treatment of less than CHF 90.-

> Access to pool and SPA included with bathrobe, towel and slippers for any treatment of more than
CHF 90.-

ENTRY RATES

FOR NON RESIDENTS

MORNING

9.00 am - 1.00 pm
Pool and jacuzzi only

	Adults	Children (until 16 years)
1 entry	sfr. 25.-	sfr. 15.-

AFTERNOON

Summer: 2.00 pm to 9.00 pm
Winter: 2.00 pm to 4.00 pm or 7.00 pm to 9.00 pm

	Adults only
1 entry	CHF 50
5 entries	CHF 225
10 entries	CHF 425

Pass valid for one season, 4 months
Pool/saun towel, slippers and bathrobe included



GENERAL TERMS

The prices for massages and treatments include access to the pool and the SPA facilities.
All bookings must be guaranteed with a credit card number (Visa or Mastercard).
Cancellation must be made 24 hours in advance otherwise the booking will be fully billed.

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*L'eau
des Alpes*

SPA D'ALTITUDE - 1652M

Bella Tola
★★★★
GD HÔTEL BELLA TOLA & ST-LUC
SWISS HISTORIC HOTELS
DEPUIS 1859
